

# PROGRAM

## SHORT-TERM Volunteer Resources



Girl Scouts - Prairie Winds, Inc.  
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Lisle, IL 60532-3933  
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[www.girlscoutspw.org](http://www.girlscoutspw.org)

### Daisy Girl Scouts





**G**irl Scouts is the world's preeminent organization dedicated solely to girls – all girls – where, in an accepting and nurturing environment, girls build character and skills for success in the real world. In partnership with committed adults, girls develop qualities that will serve them all their lives – like strong values, social conscience, and conviction about their own potential and self-worth.

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Through the many enriching experiences provided by Girl Scouts, they can grow courageous and strong.

**Girl Scouts. Where Girls Grow Strong.**

**Inclusion is fundamental to Girl Scouting and we welcome girls and adults of all races, faiths and walks of life.**

**MISSION OF GIRL SCOUTS**

*Girl Scouting builds girls of courage, confidence and character, who make the world a better place.*

**GIRL SCOUT PROMISE**

On my honor, I will try  
to serve God\* and my country  
to help people at all times,  
and to live by the Girl Scout Law.

**GIRL SCOUT LAW**

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.

*\*individuals may substitute a word that more appropriately reflects their spiritual beliefs.*

**FACTS TO REMEMBER:**

Your service unit: \_\_\_\_\_

Unit meetings\*: When \_\_\_\_\_ Time \_\_\_\_\_

Troop #: \_\_\_\_\_ Where \_\_\_\_\_

Staff Contact: \_\_\_\_\_ E-Mail \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Service Unit Director: \_\_\_\_\_ E-Mail \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Membership Organizer \_\_\_\_\_ E-Mail \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Membership Consultant \_\_\_\_\_ E-Mail \_\_\_\_\_ Phone ( ) \_\_\_\_\_

\*if available, obtain a copy of your service unit roster and calendar.

**Questions about program? E-mail: [programdepartment@girlscoutspw.org](mailto:programdepartment@girlscoutspw.org)**



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## **WELCOME!**

Dear Short-Term Volunteer.

Thanks for being a valuable part of our Girl Scout family. The time you are about to give to Daisy Girl Scouts will make a difference in their lives. Take time to enjoy working with the girls and know that it will be time well spent.

We have designed this program with you, the busy adult, in mind. The program focuses on the Daisy Learning Petals and the Girl Scout Law. Everything you might need is included! Each “week’s” activities will help girls complete one of their Daisy Petals. There is no special order in which to complete the petals, however, there are some special Girl Scout celebratory days added to the mix.

We ask that you read up on the meeting’s activities ahead of time in order to gather materials and “be prepared” for what will be happening BEFORE you arrive at the meeting.

Remember, the time you are about to give is an investment in a girl’s future. “Girl Scouting is for every girl, everywhere.” You will give girls the opportunity to experience “the fun, friendship and power of girls together.”

Good luck, have fun and thank you for participating in this program.

## HOW THIS BOOKLET IS SET UP:

1. There is a listing of each meeting's supplies. This way the adult can double check to see that she has everything necessary for a meeting ahead of time.
2. Each meeting is set up in the following manner:
  - a. Opening or Starting activity – It may be a Flag ceremony, the Girl Scout Promise or something to set the tone of what will be happening that day.
  - b. Activities – This segment will outline the projects that the group will be doing at the meeting. These activities include what equipment will be needed, the approximate time allotted, and step by step instructions.
  - c. Snack – Girls are usually hungry and will enjoy a little something to tide them over. This time may also be used to do any planning for future meetings.
  - d. Clean Up – Girl Scouts always leave a place better than they find it. Everyone should pitch in to get the job done.
  - e. Closing – This segment brings the meeting to an end. A closing can be a Friendship Circle, a song or poem. Any reminders for next meeting should be mentioned at this time.
3. If at any time, you have a question or concern, don't hesitate to the Girl Scout office.

## BEFORE THE PROGRAM BEGINS:

- Attend an adult orientation to Girl Scouting
- Fill out an adult Girl Scout registration and volunteer application
- Contact any other adults with whom you will be working. Call the Girl Scout office with any questions.
- Check the supplies to see that you have everything necessary.
- Review the activities for each meeting prior to the meeting day in order to "BE PREPARED." Practice the activities yourself. Pull out the supplies needed for the meeting.
- Arrive at the meeting site one half hour early to set up the room.
- During the meeting – Take risks, get messy, explore and observe. Have fun doing the activities with the girls.
- Don't be afraid to admit when you don't know the answer. Encourage the girls to discover the answers on their own.
- Hold the girls' expectations high. Help them achieve a sense of accomplishment and confidence knowing what they can do.
- After each meeting, give yourself a big pat on your back, you did a great job!
- On behalf of the all girls, thanks for sharing your time and talents.

# PARENT MEETING

## PARENT MEETING SUPPLIES

Check in sheet  
Pencils  
Name tags  
Crayons/Markers  
Paper for coloring  
Small US Flag  
Outline of talking points  
[Daisy Girl Scout Leader Guide](#)  
[Daisy Girl Scout Activity Book](#)  
Picture of Daisy Smock  
String or yarn  
Colored beads  
Stickers  
White card board pieces  
Single hole punch  
Scissors  
Words to “Daisy” Song  
Words to the Girl Scout Promise  
Daisy Girl Scout Membership Pins  
Cookies  
Punch  
Cups  
Napkins  
Other items as determined

## OBJECTIVE:

Give parents an overview of the Daisy Girl Scout program. Work together as a group to develop some expectations of the girls’ and parental participation. (Be sure to include arrangements for the girls’ arrival and departure for meetings.) Hold an Investiture for the girls. (Involve parents in activities to demonstrate how things will run and encourage their participation.)

Refer to the [Guide for Daisy Girl Scout Leaders](#) for additional information and talking points:

- Page 7, “What Does Girl Scouting Have to Offer”
- Pages 8 – 9, “Girl Scouting’s Goals for Girls”
- Page 24, “The Founder of Girl Scouting”
- Pages 30 “Membership in Girl Scouting”
- Page 31, “Registering” (note: \$10 membership fee covers and where it goes)
- Pages 32 – 35, “Making Daisy Girl Scouts Happen”
- Page 50, “Eleven Steps for Planning a Troop Meeting”
- Page 55, Managing Time

NOTE: Contact a Teen Girl Scout troop to ask for volunteers to help out at the meeting by doing some of the activities with the girls, while you hold the parent meeting.

## EARLY BIRD ACTIVITY – CHECK IN

### EQUIPMENT

Check in sheet  
Pencils  
Name tags  
Crayons/markers  
Paper for coloring

### DIRECTIONS

1. Set up a check in or sign up table for the parents.
2. Have an area for the girls to do some coloring until the meeting starts.

## OPENING (5 MINUTES) PLEDGE OF ALLEGIANCE

### EQUIPMENT

Small US Flag

### DIRECTIONS

1. Ask the girls and parents to come up and form a horseshoe.
2. Pick a three of the girls to act as the Flag Color Guard
3. Have the Color Guard stand at the opening of the horseshoe facing them and the audience. The girl in the middle of the three holds the US Flag.
4. Ask everyone to stand and join in the Pledge of Allegiance.
5. Afterwards everyone may return to their seats.

## **WELCOME & INTRODUCTIONS (20 MINUTES)**

### EQUIPMENT

Outline of Talking points for parent meeting  
based on prior readings

Daisy Girl Scout Leader Guide

Daisy Girl Scout Activity Book

Picture of Daisy smock

String or yarn

Colored beads

Markers

White cardboard pieces

Single hole punch

Scissors

### DIRECTIONS

1. Have the teen Girl Scouts take the Daisies off for an activity as you hold the parent meeting. The girls will make name tags. Name tags will be used as their petal necklaces in future meetings.

### EQUIPMENT

White cardboard for name tags

Hole punch

Yarn or string

Colored beads that correspond to the Learning Petal colors

Markers

Stickers

2. Welcome the parents and have everyone introduce themselves to the group
3. Discuss the talking points with the parents.

## **PROGRAM ACTIVITY (15 MINUTES) DAISY SONG AND INVESTITURE**

### EQUIPMENT

Words to “Daisy” Song

Words to the Girl Scout Promise

Daisy Girl Scout Leader’s Guide

Daisy Girl Scout Membership Pins

### DIRECTIONS

1. Ask the girls and their parents to form a horseshoe
2. Pass the pins out to the parents
3. Teach the girls the “Daisy” song (To the tune of Oh My Darling Clementine)  
*I’m a Daisy*  
*I’m a Daisy*  
*I’m a Daisy Girl Scout.*  
*I’m so happy, I’m a Daisy*  
*I’m a Daisy Girl Scout.*
4. Explain to the girls that they are now going to become a Daisy Girl Scout. When they become Daisy Girl Scouts they must make a promise. You may want to talk a little about making a promise to others. (Guide page 20)
5. Show them the Daisy Girl Scout Pin. Explain what it means to wear it (Guide page 38)
  - The daisy flower reminds them of “Daisy” Low, the woman that started Girl Scouting.
  - The Trefoil shape will remind them of the three parts of the Promise they will be making.
6. Show the girls the Girl Scout sign – raise the right hand, with the thumb and pinky finger touching and the other three fingers up. Tell them their three fingers up also remind them about the three parts of the Promise. (Guide page 20)
7. Have the girls repeat the Girl Scout Promise using the Girl Scout sign with you. Say a line and have the girls repeat it back to you.
8. Ask the parents to pin the new Daisy Girl Scout Pin on their daughter.
9. Sing the “Daisy” song.

## **SNACK (10 MINUTES) – OPTIONAL**

### **EQUIPMENT**

- Cookies
- Punch
- Cups
- Napkins
- Other items as determined

### **CLEAN UP (5 MINUTES)**

1. Tell the girls that “a Girl Scout always leaves a place better than she finds it.” Everyone needs to pitch in to help clean up the meeting place.
2. Divide up the work so that each girl has a job.

### **CLOSING – DAISY CIRCLE**

- Explain to the girls that everyone comes together in a Daisy Circle for a variety of reasons - talk about things to do, making decisions, or in friendship. (Guide, page 48)
- Explain that everyone will now join in the Friendship Squeeze.
  1. All join hands and stand quietly.
  2. The leader will squeeze the hand of the person to her right.
  3. That person then passes the squeeze to the person to her right.
  4. As each person passes the squeeze she makes a wish.
  5. Once the squeeze has made it back to the leader, she says “Good night” or “Goodbye” Girl Scouts, and everyone is free to leave.



## JULIETTE LOW'S BIRTHDAY MEETING SUPPLIES

[Daisy Girl Scout](#)

[Leader's Guide](#)

[Daisy Girl Scout](#)

[Activity Book](#)

Crayons/markers

Paper

Pictures of Juliette

Low's favorite  
things

Girls' drawings from  
the early bird  
activity.

Cupcakes

# JULIETTE LOW'S BIRTHDAY/ HALLOWEEN PRIOR MEETING ANNOUNCEMENT:

Girls can wear costumes to the next meeting.

## OBJECTIVE:

Learn about Juliette Low, the founder of Girl Scouts of the USA.

Refer to the [Guide for Daisy Girl Scout Leaders](#) for additional information and talking points:

- Page 24 – 25, “The Founder of Girl Scouting”
- Page 26, “Founder’s Day – Oct. 31” (Juliette Low’s Birthday)

## EARLY BIRD ACTIVITY FAVORITE THINGS

### EQUIPMENT

[Daisy Girl Scout Activity Book](#)

Crayons/markers

Paper

Pictures of Juliette Low's favorite  
things

### DIRECTIONS

1. Have the girls use the “Who am I? I am a Daisy Girl Scout,” page 3 of their activity book to come up with a list of their favorite things.
2. Girls can draw pictures of their favorite things.

## OPENING (5 MINUTES)

- Girl Scout Promise and the Daisy Girl Scout Song
- Daisy Girl Scout Circle (10 minutes)

### EQUIPMENT

[Daisy Girl Scout Leader's Guide](#)

[Daisy Girl Scout Activity Book](#)

### DIRECTIONS

1. Explain Juliette Low's nickname. (Leader's Guide, page 24)
2. Ask girls if they have nicknames
3. Refer to pages 16 – 17 in the Activity Book.

## PROGRAM ACTIVITY (20 MINUTES)

### EQUIPMENT

Girls' drawings from the “early bird”  
activity.

Cupcakes

### DIRECTIONS

1. Read the fun “Daisy Tales” on page 25 of the Leader's Guide.
2. Ask girls about their favorite things.
3. Girls may wish to show the others the pictures they drew earlier.
4. Sing “Happy Birthday” to Juliette Low.
5. Optional Variation – Have the girls decorate their cupcakes.

## CLEAN UP (15 MINUTES)

- Have girls help clean up their meeting space. Things they can do: throw away garbage, sweep floors, wipe the tables, return chairs to their original spots.

## CLOSING – FRIENDSHIP SQUEEZE

- Make announcements/pass out any notes to go home just after the Friendship Squeeze.



# USE RESOURCES

## USE RESOURCES WISELY MEETING

Small US Flag

Daisy Girl Scout

Leader's Guide

Daisy Girl Scout

Activity Book

Bag of "garbage"

– include

recyclables

Petal Necklaces

2 Cardboard boxes

per girl

2 1/2-inch diameter

cardboard circles

(1 per girl)

Scissors

Glue

Markers

Tempera Paint

Small bowls for  
paint

Paint brushes

Construction paper

Newspaper

Green Learning  
Petals

## WISELY (GREEN LEARNING PETAL)

### PRIOR MEETING ANNOUNCEMENT:

Each girl brings two large shoe boxes to next meeting.

### OBJECTIVE:

Girls learn about recycling and not wasting resources – Reduce, Reuse, Recycle.

### EARLY BIRD ACTIVITY

#### SIMON SAYS

##### EQUIPMENT

Open space in which to move about

##### DIRECTIONS

1. Give a command that all girls must follow starting with the words "Simon says". (i.e. Simon says, clap your hands)
2. Girls must listen carefully. If the command doesn't start with "Simon says" the girls do nothing.
3. After three to four tries, choose another "Simon" to lead the game.

### OPENING – (10 MINUTES) FLAG CEREMONY AND "MEETING TUNE"

##### EQUIPMENT

Small USA Flag

Daisy Girl Scout Leader's Guide

##### DIRECTIONS

1. Have the girls form a horseshoe for the ceremony.
2. Choose girls for the color guard.
3. Say the Pledge of Allegiance
4. Sing the "Meeting Tune" found on page 50 of the Leader's Guide.

## DAISY GIRL SCOUT CIRCLE (10 MINUTES)

### TALK ABOUT RECYCLING.

##### EQUIPMENT

A bag of "garbage" – include recyclables

Disposable plastic gloves

Petal Necklaces

Daisy Girl Scout Activity Book

##### DIRECTIONS

1. Pass out the Petal Necklaces and tell the girls that they will be earning the Green Learning Petal today. The petal stands for "Use resources wisely." (Pages 14 – 15 of the Activity Book)
2. Show the girls the bag of garbage and ask them about what they do with the items at home when it comes to garbage day. Give each girl a pair of disposable gloves. Ask them why they are wearing the gloves.
3. Go through the bag and sort out the trash from the recyclables. The girls REDUCED the amount of stuff going to the garbage dump.
4. Talk about why we recycle and why it is important. The girls learned about RECYCLING.
5. Figure out ways to reuse some of the recyclables. The girls explored ways of REUSING items instead of throwing them away.
6. Have everyone wash their hands afterward.

## **PROGRAM ACTIVITY**

### **MONSTER SLIPPERS (25 MINUTES)**

Tell the girls they are going to learn how to recycle the cardboard boxes into something they can play with at a later time.

#### **EQUIPMENT**

- 2 cardboard boxes per girl
- 2 1/2-inch diameter cardboard circles (one per girl)
- Scissors
- Glue
- Markers
- Tempera paint
- Small bowls for paint
- Paint brushes
- Construction paper
- Newspaper

#### **DIRECTIONS**

1. Place newspaper onto the floor to keep the area clean.
2. Remove the lid if necessary. Turn the box upside down on the floor.
3. Hand out cardboard circles to the girls. This will mark a place to cut out for their feet to step into.
4. Place the circle on to the bottom of one of the boxes and then trace around the circle. Do this to both boxes. Cut out the circles. Have the girl check to see their feet fit inside the boxes.
5. Paint and decorate the boxes.

### **CLEAN UP (10 MINUTES)**

## **CLOSING (5 MINUTES)**

#### **EQUIPMENT**

- Green Learning Petals

#### **DIRECTIONS**

- Review what they learned today
- Pass out a Green Learning Petal to each girl

**THINKING DAY  
& BE A SISTER  
TO EVERY GIRL  
SCOUT MEETING  
SUPPLIES**

Girl Scout Pocket

Songbook

Daisy Girl Scout

Leader Guide

Daisy Girl Scout

Activity Book

Petal Necklaces

Construction paper

Cardboard cut out  
puppet shapes to  
trace

Scissors

Glue

Popsicle sticks

Crayons/markers

Scraps of material

Yarn

Violet Learning

Petals

# Thinking Day & Be a Sister to Every Girl Scout (VIOLET LEARNING PETAL)

## OBJECTIVE:

Girls will learn about being a friend to others. They will also learn about Girl Scouting in other countries.

Refer to Daisy Girl Scout Leader's Guide

- Page 26, Thinking Day
- Page 29, The World Centers

## EARLY BIRD ACTIVITY GAME

### EQUIPMENT

Open space in which to move about

### DIRECTIONS

1. Play the game "Duck, Duck, Goose"
2. Add girls as they arrive.

## OPENING (10 MINUTES)

### EQUIPMENT

Girl Scout Pocket Songbook

### DIRECTIONS

1. Recite the Girl Scout Promise
2. Sing the song "Make New Friends"  
(Refer to page 10)

## DAISY GIRL SCOUT CIRCLE (10 MINUTES)

### EQUIPMENT

Daisy Girl Scout Leader Guide

Daisy Girl Scout Activity Book

Petal Necklaces

### DIRECTIONS

1. Pass out the Petal Necklaces to each of the girls. Tell them that they are going to earn the Violet Learning Petal, "Be a Sister to Every Girl Scout." (Pages 14 – 15 of the Activity Book)
2. Talk about the song they just sung – "Make New Friends" What is a friend? How do they make friends? How do they keep the friends they have? How do they show that they care about their friends?
3. Friends are almost like members of your family. The girls in the troop are special friends or sisters in Girl Scouting. Today is Thinking Day, a day when we "think" about our sisters in Girl Scouting. Refer to pages 18 – 19 in the Activity Book.
4. Brainstorm ways they can be sisters to other Girl Scouts in the area. Choose one of the ways to make plans to carry it out.

## **PROGRAM ACTIVITY**

### **PUPPETS (25 MINUTES)**

#### EQUIPMENT

Construction paper  
Cardboard cut out puppet shapes to trace  
Scissors  
Glue  
Popsicle sticks  
Crayons/markers  
Scraps of material  
Yarn  
[Daisy Girl Scout Activity Book](#)

#### DIRECTIONS

1. Refer to pages 38 – 39 of the Activity Guide
2. Use the cutout to trace the puppet figure onto a piece of construction paper.
3. Cut out the puppet and glue the figure to a popsicle stick
4. Decorate the puppet.
5. Create a play about friendship

### **CLEAN UP (10 MINUTES)**

#### **CLOSING**

#### EQUIPMENT

Violet Learning Petals

#### DIRECTIONS

- Pass out a Violet Learning Petal to each girl.
- Talk about Girl Scouting being a part of a bigger family of Girl Scouting called the World Association and tell them that they have friends and sisters all over the world.
- Do the Friendship Squeeze and make a wish for their sisters in Girl Scouting around the world.

## **COURAGEOUS AND STRONG MEETING SUPPLIES**

[Girl Scout Pocket](#)

[Songbook](#)

[Daisy Girl Scout](#)

[Leader Guide](#)

[Daisy Girl Scout](#)

[Activity Book](#)

Cardboard boxes

Ropes

Orange Cones

Scraps of wood

(splinter free)

Folding chairs

Masking tape

Large rubber balls

Paper bag with natu-  
ral items

Boombox and music  
CD

Snack bags

Juice

Cups

Napkins

Red Learning Petals

# **COURAGEOUS AND STRONG (RED LEARNING PETAL)**

## **PRIOR MEETING ANNOUNCEMENT**

Girls need to wear comfortable, old clothes that they can crawl around on the floor in at the next meeting.

## **OBJECTIVE:**

Girls will begin to understand about taking on new or challenging experiences and building self confidence. Refer to the [Daisy Girl Scout Leader's Guide](#):

- page 22  
You may need to set up the obstacle course prior to the girls getting to the meeting place

## **EARLY BIRD ACTIVITY DAISY TO DAISY GAME**

### **EQUIPMENT**

Open space in which to move about  
[Daisy Girl Scout Leader's Guide](#)

### **DIRECTIONS**

Refer to page 11 in the Leader's Guide.

## **OPENING (5 MINUTES)**

Teach the girls the song, "Hello, Hello"  
(Refer to the [Girl Scout Pocket Song Book](#) page 10)

## **DAISY GIRL SCOUT CIRCLE (10 MINUTES)**

### **EQUIPMENT**

[Daisy Girl Scout Leader's Guide](#)

[Daisy Girl Scout Activity Book](#)

### **DIRECTIONS**

1. Tell the girls that they will be earning their Red Learning Petal, "Courageous and Strong." Refer to pages 14 – 15 in the Activity Book.
2. Ask them if they have ever had to be courageous.
3. Explain the activity that they will be trying, the obstacle course.
4. They will be doing things that they may not have tried before. They will have to use their senses – listening for direction, looking for things that might get in the way, feeling things and trying to figure out what they are.

## **PROGRAM ACTIVITY OBSTACLE COURSE (25 MINUTES)**

### **EQUIPMENT (SUGGESTED ITEMS)**

Cardboard boxes

Ropes

Orange cones

Scraps of wood (splinter free)

Folding chairs

[Daisy Girl Scout Leader's Guide](#)

[Daisy Girl Scout Activity Book](#)

Masking tape

Large rubber balls

Paper bag with natural items inside  
(Twigs, pebbles, shells, cones)

Boombox and music CD

## DIRECTIONS

1. Refer to pages 75 – 76 of the Leader’s Guide for instructions for the obstacle course. (Depending on the size of the troop and the meeting space, you may want to set up duplicate courses to allow more opportunity for the girls to participate.)
2. Explain to the girls that doing some stretching before starting any strenuous activities, helps warm up their bodies and muscles and prevents injuries.
3. Follow instructions to “Daisies Move and Dance” on page 45 of the Leader’s Guide. You may also have the girls refer to pages 34 – 35 of their Activity Book.
4. After warm up, explain the obstacle course to them. Have them do a trial run.
5. Once they get the hang of it, hold races or other competitions.

## **SNACK (10 MINUTES)**

### **NUTRI BAG SNACK**

Prepare these ahead of time. Refer to page 54 of the Leader’s Guide for instructions.

## EQUIPMENT

Snack bags for each girl  
Juice  
Cups  
Napkins

## DIRECTIONS

1. Hand out the snack and talk about how the body needs energy to do everything it does during the day.
2. Tell them that this is a healthy snack that they could make for themselves and their family at home.
3. Brainstorm other things that they could include in the Nutri Bag Snack.

## **CLEAN UP (5 MINUTES)**

### **CLOSING**

- Pass out the Red Learning Petals to the girls.
- Review some of the points they learned today about being courageous and strong.
- Do the Friendship Squeeze.

# MAKE THE WORLD A BETTER PLACE (ROSE LEARNING PETAL)

## MAKE THE WORLD A BETTER PLACE MEETING SUPPLIES

[Daisy Girl Scout  
Leader's Guide](#)  
[Daisy Girl Scout  
Activity Book](#)  
Construction paper  
Glue  
Scissors  
Crayons/markers  
Yarn  
Hole Punch  
Magazines with  
pictures  
Community Albums  
Petal necklaces  
Crayons  
Tempera paints  
Paint Brushes  
Small bowls for  
paint  
Newspaper  
White Construction  
paper  
Rose Learning Petals

## OBJECTIVE

Girls begin to understand the concept of helping others and discovering that there are people in their community that also help others.

## EARLY BIRD ACTIVITY

### EQUIPMENT

Construction paper  
Glue  
Scissors  
Crayons/markers  
Yarn  
Hole Punch  
Magazines with pictures

### DIRECTIONS

1. Refer to "My Community Album" on page 67 in the Leader's Guide.
2. You may want to pre-cut the paper into smaller-sized sheets and punch holes into each page.
3. Have the girls focus in on people in their community that help others as they look for pictures in the magazines.
4. You may give them some extra time to complete this activity.

## OPENING (5 MINUTES)

Recite the Girl Scout Promise and sing:

*We are Daisy Girl Scouts, we try to lend  
a hand*

*To all our friends and family and  
everywhere we can*

*We sing a lot and play a lot and learn  
what's good and true*

*Oh, we are the Daisy Girl Scouts in our  
tunics blue.*

## DAISY GIRL SCOUT CIRCLE (10 MINUTES)

### EQUIPMENT

[Daisy Girl Scout Leader's Guide](#)  
[Daisy Girl Scout Activity Book](#)  
Community Albums the girls made  
earlier  
Petal necklaces

### DIRECTIONS

1. Pass out the petal necklaces. Tell the girls that they will be earning their Rose Learning Petal, "Make the World a Better Place." Refer to pages 14 – 15 in the Activity Book.
2. Ask them what making the world a better place means to them.
3. Have the girls share the pictures in their albums of people in the community that help others. Refer to page 79 of the Leader's Guide.
4. Brainstorm some ways they could like to help out in their community
5. Vote on one to do and tell them that that will be the activity for the next meeting. Refer to page 10 – 11 in the Activity Book.

**PROGRAM ACTIVITY**  
**GREETING CARDS (25 MINUTES)**

EQUIPMENT

- Crayons
- Tempera paints
- Paint Brushes
- Small bowls for paint
- Newspaper
- White Construction paper
- Daisy Girl Scout Leader's Guide

DIRECTIONS

1. Tell the girls they will be making cards for people in a nursing home, or birthday cards for homeless children, children in hospitals, etc. This is a way they can help others.
2. Refer to "Crayon Resist" on page 78 in the Leader's Guide for instructions.
3. Use the newspaper to cover their work space.
4. Let the girls make two cards if there is time.

**CLEAN UP (10 MINUTES)**

1. Have the girls clean up the area.
2. Have the girls wash their hands.

**CLOSING**

- Hand out the Rose Learning Petals.
- Do the Friendship Squeeze and have them think of ways they can help others at home.
- Give them parent permission slips for the outing next week.

**FIELD TRIP PREPARATION:**

Contact a community group or agency to find a simple service project for the girls to perform. (i.e. Call the park district or school to see if you can plant flowers at their location. Ask if the agency can provide the flowers and tools for the girls to use. Be sure to inform the parents and recruit some to help with the activity.

Refer to Leader's Guide:

- page 59, "Planning Trips with Daisy Girl Scouts"
- Safety-Wise pages 44 – 60, "Planning Trips with Girl Scouts"

**RESPONSIBLE  
FOR WHAT I SAY  
AND DO MEETING  
SUPPLIES**

Daisy Girl Scout

Leader's Guide

Daisy Girl Scout

Activity Book

Paper plates

Yarn of various colors

String

Crayons/markers

Feathers

Scrap trim

Sparkles

Glue

Scissors

Colored construction  
paper

Popsicle sticks

Boombox

Audiotape

Petal Necklaces

Large butcher paper  
tape

Orange Learning  
Petals

# RESPONSIBLE FOR WHAT I SAY AND DO (ORANGE LEARNING PETAL)

## OBJECTIVE:

Girls will learn how people react to what the girls might say or do.

## EARLY BIRD ACTIVITY PAPER PLATE MASK

### EQUIPMENT

Paper plates

Yarn of various colors

String

Crayons/markers

Feathers

Scrap trim

Sparkles

Glue

Scissors

Colored construction paper

Popsicle sticks

### DIRECTIONS

1. Refer to "Paper Plate Mask" on page 77 of the Leader's Guide.
2. Tell the girls to make a "Happy Face" on one plate and a "Sad Face" on another.
3. Use the Popsicle sticks to glue on to the back of each paper plate mask as a handle.

## OPENING (5 MINUTES)

### EQUIPMENT

Boombox and Audiotape

### DIRECTIONS

- Recite the Girl Scout Promise and sing a song from the Girl Scout audiotape.

## DAISY GIRL SCOUT CIRCLE (10 MINUTES)

### EQUIPMENT

Daisy Girl Scout Leader's Guide

Daisy Girl Scout Activity Book

Petal Necklaces

### DIRECTIONS

1. Pass out the petal necklaces. Tell the girls that they will be earning their Orange Learning Petal, "Responsible for What I Say and Do." Refer to pages 14 – 15 in the Activity Book.
2. Ask them what it means to be trusted or responsible for something. What people can they trust? What things have they been responsible for at home?

**PROGRAM ACTIVITY**  
**JOSEPHINE DOLL (20 MINUTES)**

This activity shows girls how their words and actions can hurt others.

**EQUIPMENT**

- Large butcher paper
- Tape
- Crayons/markers

**DIRECTIONS**

1. Refer to “Me in Paper” on page 10 – 11 in the Leader’s Guide to create a “Josephine” Doll. Use one of the girls to trace the body for Josephine.
2. Use crayons or markers to “dress” her.
3. Once she is “dressed” introduce “Josephine” to the group. Ask the girls to say something nice about her
4. Then ask the girls to say something negative about “Josephine.” (Make sure it doesn’t get nasty.) When each girl makes a negative comment, she rips off a piece of “Josephine.”
5. Once each girl has had a chance to make a comment and has ripped apart “Josephine” say: “Let’s try to put her back together again.” Using kind words and tape put her back together.
6. Step back after you are all done and point out that “Josephine” will never be the same and that she will have the scars that will last her lifetime.
7. Talk about if they have ever had this happen to them. How did they feel? Did they like it? Do they think others would like to be treated in this way?

**CLEAN UP (5 MINUTES)**

**CLOSING**

**EQUIPMENT**

- Orange Learning Petals

**DIRECTIONS**

- Hand out the Orange Learning Petals
- Sing “Make New Friends” and do the Friendship Squeeze

**ADDITIONAL ACTIVITY RESOURCE TO BUILD ON THIS MEETING:**  
**ZINK THE ZEBRA**

**RESPECT  
AUTHORITY  
MEETING  
SUPPLIES**

Parent Permission  
Slips

# RESPECT AUTHORITY (MAGENTA LEARNING PETAL)

## OBJECTIVE

Girls will learn the importance of listening and following what people in authority have to say or tell us to do.

This meeting is a field trip to either the police or fire department. Be sure to have recruited parents to help with the transportation and supervision of this activity.

## FIELD TRIP PREPARATION:

- Contact the police or fire department for a tour. Police could do a presentation on “stranger danger” and the fire department could do a fire safety presentation.
- Make sure to collect parent permission slips from each girl prior to the field trip.

Refer to Leader’s Guide

- page 59, “Planning Trips with Daisy Girl Scouts”
- Safety-Wise, pages 44 – 60, “Planning Trips with Girl Scouts”

## DAISY GIRL SCOUT CIRCLE

This discussion can be done at the meeting prior to the field trip or just before the presentation.

1. Tell girls that they will be earning their Magenta Learning Petal, “Respect Authority.” Refer to pages 14 – 15 in the Activity Book.
2. Explain the importance of following the directions of adults.
3. Come up with a short list of people they should listen to besides their parents and other adults in their family.

## PROGRAM ACTIVITY TAKE THE TOUR

## CLOSING

Tell girls they will receive their Magenta Learning Petal at the next meeting.



**RESPECT MYSELF  
AND OTHERS  
MEETING  
SUPPLIES**

Daisy Girl Scout  
Leader's Guide  
Daisy Girl Scout  
Activity Book  
"All about Me"  
Mosaic Sheets  
Crayons/markers  
Boombox  
Audiotape  
Petal Necklaces  
"Talking Daisy"  
Large sheets of  
butcher paper  
Scissors  
Glue  
Yarn  
Construction paper  
Scraps of material  
Large bag of M&Ms  
Baggies  
Purple Learning  
Petals

# MEETING – RESPECT MYSELF AND OTHERS (PURPLE LEARNING PETAL)

## OBJECTIVE:

Girls will learn about taking care of themselves and showing respect for others.

## EARLY BIRD ACTIVITY ALL ABOUT ME MOSAIC

### EQUIPMENT

"All About Me Mosaic" Sheets  
Crayons/markers

### DIRECTIONS

1. Give each girl a Mosaic sheet
2. Girls are to color each shape according to what is written in each shape.
3. Read the statement found in the shape aloud and allow the girls time to color the shape in.
4. Once all the shapes have been read aloud and the girls are done coloring, have the girls compare their mosaic sheets with each other.

## OPENING (5 MINUTES)

### EQUIPMENT

Boombox, audiotape

### DIRECTIONS

- Recite the Girl Scout Promise and sing a song from the Girl Scout audio tape.

## DAISY GIRL SCOUT CIRCLE (15 MINUTES)

### EQUIPMENT

[Daisy Girl Scout Leader's Guide](#)  
[Daisy Girl Scout Activity Book](#)  
Petal Necklaces  
"Talking Daisy"  
All About Me Mosaic sheets

### DIRECTIONS

1. Pass out the petal necklaces. Tell the girls that they will be earning their Purple Learning Petal, "Respect Myself and Others." Refer to pages 14 – 15 in the Activity Book.
2. Introduce the concept of the "Talking Daisy." Only the person who is holding the Talking Daisy is allowed to speak. This helps the girls listen and shows respect to the person speaking. This will also allow everyone a chance to participate in the discussion.
3. Ask the girls what it means to show respect to another person. (Being kind, listening, helping) Ask for examples.
4. Ask them what it means to respect themselves. (eating right, exercising) Ask them to show the ways they respected themselves already that day.
5. Have the girls show their Mosaic sheets. What things do they notice about everyone's sheets. (Some answers are the same and some are different.)
6. How do they feel about that? Showing respect is also accepting that a person may be different than you.

## **PROGRAM ACTIVITY – ME IN PAPER (20 MINUTES)**

### EQUIPMENT

Daisy Girl Scout Leader's Guide

Large sheets of butcher paper

Crayons/markers

Scissors

Glue

Yarn

Construction paper

Scraps of material

### DIRECTIONS

1. Refer to “Me in Paper” on page 10 – 11 in the Leader’s Guide. Girls may also refer to the “Paper Portrait” found in their Activity Book on page 5.
2. Pre-cut lengths of butcher paper to a size larger than a girl.
3. Divide the girls into buddies. Give each girl a sheet of butcher paper.
4. Have them follow the instructions given in the Leader’s Guide.

## **SNACK (5 MINUTES)**

CHECK THE GROUP FOR ANY FOOD ALLERGIES TO CHOCOLATE OR PEANUTS (substitute Skittles)

### EQUIPMENT

1 large bag of M & Ms (with all the colors)

1 baggie for each girl (contains equal amount of M & Ms/Skittles)

### DIRECTIONS

1. Pass out small baggies of M & Ms to each girl.
2. Ask them how the M & Ms are alike. How are they different? If they were to close their eyes to make a choice of an M & M, would they know the difference? Why?
3. Should they choose their friends because of what they see on the outside or what they are like on the inside?

4. Ask the girls to pick out an M & M from their baggies. Ask them why they chose that M & M.
5. Now divide the girls into groups based on the color of the M & M they picked. Ask them – What if you could only spend time with people with the same M & M color? Did your “best” friend pick the same color? Does it make a difference if your friend’s are different M & M colors?
6. Enjoy the snack

## **CLEAN UP (5 MINUTES)**

## **CLOSING (5 MINUTES)**

### EQUIPMENT

Purple Learning Petals

### DIRECTIONS

Hand out the Learning Petals. Sing “Make New Friends” and finish with the Friendship Squeeze.

## FRIENDLY AND HELPFUL MEETING SUPPLIES

Daisy Girl Scout  
Leader's Guide  
Large safety pins  
Beads  
Small bowls  
Petal Necklaces  
Paper plates  
Glue  
Scissors  
1/4-inch ribbon  
Hole Punch  
Potpourri  
Glitter/sparkles  
Newspaper  
Yellow Learning Petal

# FRIENDLY AND HELPFUL (YELLOW LEARNING PETAL)

### OBJECTIVE:

Girls will learn about being helpful and friendly.

### EARLY BIRD ACTIVITY FRIENDSHIP PINS

Sharing something you have made for your friend is a way to be friendly and lets her know that she is special.

### EQUIPMENT

Large safety pins  
Beads  
Small bowls for beads

### DIRECTIONS

- Pass out a few safety pins to each girl. Warn the girls to be careful not to poke another girl with the pins.
- Put a variety of colored beads out in a pile or containers on the table.
- "String" beads onto the open part of the safety pin. Do not string too many beads on to the pin, preventing it from being able to be closed.
- Once the beads are strung onto the pin, close it up until it is time to pin it onto a shirt or a shoelace.
- The girls should then share these "friendship pins" with their friends outside the Girl Scout group.

### OPENING (5 MINUTES)

Recite the Girl Scout Promise and sing the Daisy Song.

## DAISY GIRL SCOUT CIRCLE (10 MINUTES)

### EQUIPMENT

Petal necklaces  
Daisy Girl Scout Leader's Guide

### DIRECTIONS

- Pass out the petal necklaces. Tell the girls that they will be earning their Yellow Learning Petal, "Friendly and Helpful." Refer to pages 14 – 15 in the Activity Book.
- Ask the girls how they can be friendly and helpful to other people. To whom should they be friendly and helpful?
- Tell them about the service project they will be doing today.

### PROGRAM ACTIVITY

### POTPOURRI AIR FRESHENERS (20 MINUTES)

### EQUIPMENT

Paper plates  
Glue  
Scissors  
1/4-inch wide ribbon  
Hole Punch  
Potpourri  
Glitter/sparkles  
Newspaper  
Bowls for glue

#### DIRECTIONS

- Pre-cut the ribbons into 6-inch lengths.
- Spread the newspaper out onto the tables.
- Have the girls punch a hole in the plate near the edge. This is where she will tie a piece of ribbon for a hanger.
- Pour some glue onto the plate and spread it out to cover the bottom of the plate.
- Sprinkle the potpourri on to the plate to cover the glue and let dry.
- Girls may choose to decorate the plate further.
- Tie the ribbon into the hole of the plate.

#### **CLEAN UP (10 MINUTES)**

Remind them if they all pitch in to clean up they are being helpful. Someone else doesn't have to come back later to clean up after them.

#### **CLOSING**

#### EQUIPMENT

Yellow Learning Petals

#### DIRECTIONS

Hand out the Learning Petals. Sing "Make New Friends" and finish with the Friendship Squeeze.