

Girl Scout Challenge • JR



Girl Scouts of Greater Chicago and
Northwest Indiana

www.girlscoutsgcnwi.org

Junior Girl Scouts

Living the Girl Scout Law

Confidence, courage, and character are words you might use to describe your heroes. These words can describe you, too! Take THE CHALLENGE to really live the Girl Scout Law. You'll find your confidence, courage, and character shining through. Then wear your Girl Scout Challenge 2 Necklace proudly.

Part 1: Pledge to Show Your Character

Character is the set of traits that makes you the person you are—like being honest, a good listener, friendly, and helpful. In Girl Scouts, the Law is our standard of good character.

Build your character by following the Girl Scout Law—not just by reciting it, but by acting on the words of the Law. See the chart below. For each line of the Girl Scout Law (column 1), write a statement that relates to something in your life. Check out the example below. Next, using the blank chart on the reverse side, fill in statements of your own. Sign and date it. Get a witness to sign and date it, too. This is your pledge to build character by living the Girl Scout Law. Post it where you'll see it every day and do your best to stick to it!

THE GIRL SCOUT LAW	YOUR PLEDGE TO BUILD CHARACTER
I will do my best to be	XXXXXXXXXXXXXXXXXXXXXXXXXX
honest	<i>I will tell the truth when Mom asks if I finished by homework</i>
and fair,	<i>I will keep my eyes only on my cards when I'm playing gin rummy with my brother</i>
friendly	
and helpful,	
considerate	<i>I will show good manners in class</i>
and caring,	
courageous	
and strong, and	
responsible for what I say and do,	
and to	XXXXXXXXXXXXXXXXXXXXXXXXXX
respect myself and others,	
respect authority,	
use resources wisely,	
make the world a better place, and	
be a sister to every Girl Scout.	

THE GIRL SCOUT LAW	YOUR PLEDGE TO BUILD CHARACTER
I will do my best to be	XXXXXXXXXXXXXXXXXXXXXXXXXXXX
honest	
and fair,	
friendly	
and helpful,	
considerate	
and caring,	
courageous	
and strong, and	
responsible for what I say and do,	
and to	XXXXXXXXXXXXXXXXXXXXXXXXXXXX
respect myself and others,	
respect authority,	
use resources wisely,	
make the world a better place, and	
be a sister to every Girl Scout.	

YOUR NAME _____ DATE _____

WITNESS NAME _____ DATE _____

Part 2: Courage to Live the Law

Now that you've pledged to build your character by living the Law, there'll be lots of challenging times ahead.

They'll be times when you'd rather be reading your favorite book than being helpful. Or, you might not feel like talking to anybody, let alone being friendly the morning after you stayed up too late.

It's going to take lots of courage to stick to your pledge. Courage is challenging yourself to do something even though you think it might be hard.

Look over the character-building statements you wrote in part 1's pledge. Pick three statements you think might be the hardest for you to stick to. For each statement you choose, come up with two ways to help you stick to your pledge. Keep track of your progress. See the example below. Then use the blank chart on the reverse side of this page to record your progress.

After two weeks, what was the most courageous action you took while trying to live your pledge? What obstacles did you face? What did you learn?

THE GIRL SCOUT LAW	YOUR PLEDGE TO BUILD CHARACTER	2 WAYS TO STAY ON TRACK	HOW ARE YOU DOING?
Honest	I will tell truth when Mom asks if I finished my homework.	<ol style="list-style-type: none">1. Wear a special ring or bracelet to remind myself to be honest.2. Tell as many people about my pledge so I'm held responsible for my words and actions.	I've been answering the homework question honestly. The result has been less TV watching and more homework doing.

THE GIRL SCOUT LAW	YOUR PLEDGE TO BUILD CHARACTER	2 WAYS TO STAY ON TRACK	HOW ARE YOU DOING?
		1. 2.	
		1. 2.	
		1. 2.	

Part 3: Confidence to Make the World a Better Place

The Girl Scout Law challenges us to make the world a better place. Confidence is believing you have the skills to do this.

What’s a special skill or talent you feel confident in? How can you use this to make your corner of the world a better place (consider Girl Scouts, school, place of worship...)?

Do you have a beautiful singing voice? Are you a good painter? Awesome at speaking in front of a group? Great at building things? These are all talents that can make you, as well as the people around you, feel good. How? If you’re good at art, try painting a mural on an old wall in your community (of course, make sure you have permission to do it first).

Once you’ve determined what your special skill is, figure out how you can use your skill to take action in your community. After you’ve acted, take time to think about how it made you feel. How did it make others feel? What did you learn?

When you’ve completed the activities, wear the necklace you’ve earned. When people ask what it means, you can say that you live by the Girl Scout Law.